Dear Colleagues,

Welcome to the first issue of the quarterly newsletter “THE 7G VOICE”. Based on your feedback, the masthead, subject content, structure, themes, and commentaries will be published quarterly in the newsletter. I am especially pleased with the outcome of our first issue and look forward to your continued support.

I would be remiss if I didn't mention Tiffany Banks, Unit Director and Susan Mathews, Shift Nurse Manager. Susan was the brainchild of this newsletter during the discussion for goal setting for the year, and Tiffany provided invaluable support and mentorship in creating the final product.

The goal of this newsletter is to establish regular communication and be a forum for staff to exchange ideas and experiences. I am also hopeful that this newsletter will have a positive impact on our work environment, lift morale, and inspire nursing excellence.

There will be several regular topics in THE 7G VOICE that include: educational updates, 7G Quality Goal Update, staff writer column, accomplishments/milestones/kudos, and reminders. In this first issue, the feature article is; “The Integration of Evidence-Based Practice into Professional Nursing Practice”

I hope you find this newsletter to be beneficial and value-added to your practice. I appreciate your suggestions and input for future issues of “THE 7G VOICE”

Gem Comrie BSN, RN
Advanced Nurse Clinician

MISSION of THE 7G VOICE
To establish regular communication and be a forum for staff to exchange ideas and experiences that will positively impact our work environment.

WELCOME TO OUR NEW 7G TEAM MEMBERS!

Jed Edra, MSN,RN
Minnie Gipson, NT
Marquita Green, NT
Owen Harris, BSN, RN
Erica Henderson, MSN, RN
Timothy King, PCA
Sheneka Samuels, PCA

It is a pleasure to welcome all of our new Team Members. We are pleased you have chosen 7G as your choice for employment, as you join us to provide exceptional patient-care/customer service.

-The 7G Team
All patients expect to receive care based on the most up-to-date clinical findings. Evidence-based practice, EBP is the “conscientious use of current best evidence in making clinical decisions about the care of individual patients, or the delivery of health services. It is a clinical problem-solving strategy that de-emphasizes decision making based on custom, and emphasizes the integration of research evidence with clinical expertise and patient preferences. The evidence-based practice movement was founded in the United Kingdom and was based on the work of British epidemiologist, Archie Cochrane. He published a book in the early 1970s which suggested that because resources would always be limited, they should be used to provide equitably, those forms of health care which had been shown in properly designed evaluations to be effective. In particular, he stressed the importance of using evidence from randomized controlled trials (RCT’s). EBP is widely used as the guiding principle in providing quality nursing care. EBP guidelines have been proven to save lives and has been fully adopted in the 100,000 Lives Campaign. Nursing organizations such as The American Association of Colleges of Nursing (AACN) joined the endeavor, and use EBP as a mechanism to rate an organization for fully implementing EBP in their nursing practice. The America Nurses Credentialing Center (ANCC) uses EBP as a criteria when designating hospital with the esteemed Magnet Designation. In addition, the recent healthcare reform points to the use of EBP as a standard and hopes that its use will assist in increasing quality of care and drive down costs. Even though nursing practice is connected to tradition and experience, the implementation of evidence-based practice has significant impact on quality patient care.

Gem Comrie, BSN, RN
Advanced Nurse Clinician

Feature Article

“Evidence-based practice guidelines have been found to save lives.”

Web Sites used in nursing research and evidence-based practice

Academic Center for Evidence-Based Practice
www.acestar.uthsca.edu
American Association of Critical-Care Nurses
www.aacn.org
Hartford Institute for Geriatric Nursing
www.hartfordign.org

HRSA Bureau of Health Professions, Nursing of Division
http://bhpr.hrsa.gov/nursing
HRSA Evidence-Based Practice Centers
www.ahrq.gov/clinic/epc/
Joanna Briggs Institute for Evidence-Based Nursing and Midwifery
www.joannabriggs.edu.au

Medscape Nurses
www.medscape.com/
National Institute of Nursing Research
www.ninr.nih.gov
National Guidelines Clearinghouse
www.guideline.gov
National Library of Medicine
www.nlm.nih.gov

National Network of Libraries of Medicine
www.nnlm.gov
Oncology Nursing Society
www.ons.org
PDQ, National Cancer Institute’s Comprehensive Cancer Database
www.cancer.gov/cancer_information/pdq
In early 2013, our Unit Practice Council (UPC) began a journey with Dr. Cendales to create the first ever Nursing Hand Transplant Protocol. Dr. Cendales became an adjunct member of the UPC. She collaborated with the group to develop a patient care order set, and nursing standards and protocols. The UPC thoroughly enjoyed the opportunity to make history by developing the protocol. The team experienced several learning opportunities, such as the use of a thermal coupler. After Hand Transplant, a Thermal Coupler is used to measure the temperature of the fingers on the transplanted hand. The UPC members discussed some of the unique challenges one might face with our hand transplant patients. The team reviewed tasks such as placement of their wrist bands, why the patient would require to walk assisted only and how the signs and symptoms of rejection would be noticeable to the naked eye. Not to mention, Hand Transplant is a fairly new procedure. Prior to Dr. Cendales joining Emory University as a faculty member, only thirteen transplants had been performed in the United States. In March 2011, Dr. Cendales led a multidisciplinary team to perform the nation’s fourteenth and Emory University Hospital’s first successful hand transplant. In the beginning phase of developing the protocol, the team was met with challenges. There was no literature or evidence to support best practice in the post operative hand transplant patient. The Team was forced to draw from their experience with caring for Emory’s first hand transplant and the tutelage of Dr. Cendales. The pathway was developed to be a comprehensive blueprint for nursing care during the patient’s admission phase, immediate post operative phase, and recovery phase on 7G until discharge.

Unfortunately, the team will not have an opportunity to use the protocol. Dr. Cendales accepted a position with Duke University, in North Carolina. We are saddened to see her leave, but grateful to have the opportunity to work with her and develop the first hand transplant protocol.

Sonia Benenati, RN
UPC Chairperson
It’s been 276 days of sterile dressing changes, orange swab caps, flushing CVLs, de-clotting and collaborating with our Transplant team about CVL removal. As I write this article, the possibility of completing the CLABSI Root Cause Analysis form, is looming over the CLABSI Team’s Head. How can we avoid CLABSI? Continue to do all of the great things you have been doing and consider a Midline catheter! In 2013 the CLABSI team did an in-service on Midline catheters, although our next in-service will focus on Lock therapy which also fights CLABSI we will highlight midline catheters. YTD our CLABSI rate is 0%! And as an entity our CLABSI rate is better than the national average! Remember dressing changes q Wednesday, if you can’t get it done make the next shift aware. We are all in this together and together we have been CLABSI free for 276 days!

- Sonia Benenati, RN
Advanced Nurse Clinician

The CAUTI team is focusing on improving the care delivered and the documentation of Foley catheter care every 12 hours to prevent urinary tract infections. In addition, bedside nurses have developed a Nurse–Driven Urinary Catheter Removal Protocol (NDP). It involves a provider-ordered process that allows the RN to remove a urinary catheter in qualified patients. The Medical Practice Committee has approved the protocol, and the next steps will be the development of the EEMR orders and documentation to support the protocol. This protocol will improve patient outcomes and increase nurses’ autonomy in providing care. Unit Champions will provide more information for the go-live process.

- Gem Comrie, BSN, RN
Advanced Nurse Clinician

The Supply Room Restructure is underway. Item Par pars levels, reviewed, increased frequently used items, and removed items not frequently used. Premade admission kits initiated and prepared by NT’s Clipboard with frequently used items and item # to be prepared for easy reference.

Janet Anderson, BSN, RN
Shift Nurse Manager
TEAM GOAL UPDATES

Greeting from the PUP’s team members:
The PUP’s team has been working really hard and diligently to make sure 7G Transplant Unit, Patients, and family members are fully abreast on the latest education and material. Starting March 23rd - April 5th the PUP’s team will begin in servicing. Also, look out for the new PUP’s brochure in the patient’s room. Continue to do a great job with skin checks. The NDNQI in the month of April will be the responsibilities of weekday 7A-7P shift. See a member of the PUP’s team with any questions or concerns. Stay tuned!
- Cedric Hamilton
Unit Clerk

PUP’s Team Members:
Tiffany Banks, Shantell James, Felice Cruz, Pricilla Adams, Michael Hawthorne, Sam Reyes, Manon Gutierrez, Shelly Powell, Jocelyn Chandler, Cynthia Dixon, Johnetta Harris, Cedric Hamilton

Call Don’t Fall

Tiffany Banks has assumed responsibility of leading the efforts of the Team. The Team is discussing new tactics to improve the unit’s outcomes and reduce patient falls. Check out our new updates in the next newsletter.

7G Falls Team is under construction!!!

- Tiffany Banks RN, MBA, NEA-BC
Unit Director

Rewards and Recognition

The Reward and Recognition Team’s goal this year is to emphasize the importance of all our 7G Team members as well as ensure everyone is involved in the decisions making process. Thanks to all who completed the survey, the Team has made some changes to our current activities.

Shining Star—Please encourage your team members to recognize each other by placing a note of thanks in the box or via the Emory Recognize site.

7G Day - 7G day will now be celebrated every quarter beginning this April. Based on your feedback, we will continue with a theme for each celebration.

Nurse Week 2014
The team is currently planning some amazing activities using your feedback and their ingenuity. More information if forth coming.

Unit Outings
This month there will a survey monkey sent for possible outings. Please be complete the survey when it’s emailed out.

- Pricilla Adams, RN
Nurse Clinician

Happy Birthday to the April Babies!!!

- Terracia 3rd
- Beena 3rd
- Gloria S. 4th
- Mehwish 6th
- Manon 8th
- Joseph 10th
- Christina O. 14th
- Lucy 17th
- Katie 25th
- Nadia 26th
National Nurses Week 2014

National Nurses Week begins each year on May 6th - May 12th, Florence Nightingale's birthday May 12, 1820. National Nurse Week was first observed from October 11 – 16, 1954. The year of the observance marked the 100th anniversary of Florence Nightingale's mission to Crimea. Evidence-based practice and decision-making began with Florence Nightingale in the 1850s during the Crimean War. She noted a connection between poor sanitary conditions in the hospital and rising death rates among wounded soldiers. Her subsequent efforts to sanitize hospitals to save soldiers led to dramatic drops in patient mortality. Nurses Week celebrations recognize the contributions that nurses and nursing make to the community.

Every day, nurses step forward embracing new technologies, resolving emerging issues, and accepting ever-changing roles in their profession. They lead the way for their patients, colleagues, organizations, and the health care industry as a whole.

Listen to a rare and historical voice recording of Florence Nightingale (1820 – 1910) use this link: [http://www.youtube.com/watch?v=ax3B4gRQNU4](http://www.youtube.com/watch?v=ax3B4gRQNU4)

To follow along with the audio, the Transcript is: “When I am no longer even a memory, just a name, I hope my voice may perpetuate the great work of my life. God bless my dear old comrades of Balaclava and bring them safe to shore. Florence Nightingale.”

Milestones

Barbara Keels, MSN, RN, FNP will be leaving 7G March 16, 2014 to assume the position as Administrative Supervisor at Emory John's Creek.

Congratulations !!!
Janet Anderson, BSN, RN, CCTN
On completing your BSN degree
REMINDErs

The CEdirect site has hundreds of accredited courses for Continuing Education hours. You can access your CE Direct Membership by using the CE Direct tab on the Nursing Education webpage or by going directly to the CE Direct website at: www.continuingeducation.com/cedirect

Choose Emory Healthcare from the drop down menu for your Facility
Use your 7-digit employee ID number as your Login ID
Use education as your temporary password
You will be prompted to change your password and add a security question when you first log-in.

Blood Pressure monitoring teaching Project for Kidney Transplant patients started on 2/5/2014. On discharge, please remember to replace the BP monitor to the stock with the monitor patients receive their take-home monitor from pharmacy.

Don’t forget to visit the EHC recognize site
For example we can send eCards to our colleagues to recognize them
http://www.ourehc.org/recognize
Log in with your username and temporary password.
Enter your 7-digit Emory Healthcare employee ID number as your username
Your temporary password is: ehc.

Is your BLS expiring soon?
Register to attend a class with Nursing Education
BLS Renewal Course (HLC course 214)
Tue, Apr 8 at EUH
Tue, Apr 15 at EUHM
404-686-2580
nursing.education@emoryhealthcare.org

RN Skills Fair will be held at Rollin Pavilion on
Thursday 4/24/2014
7AM-7PM
and
Sunday 4/27/2014
7AM–7PM
Please try to be there before 5PM to allow enough time to complete all the stations.

More information regarding the required modules which should be completed prior to attending will be provided by:
Mehwish Merchant
BSN, RN, CCTN
Unit Nurse Educator

Also...
Register for HLC Course #4808 to complete ACCU-CHEK Inform II Skills validation-

New monitors coming soon!
We appreciate your suggestions and input for future issues of The 7G VOICE. Send any article, event, or announcement that you would like to tell us about. Publication-ready articles and announcements can be submitted to Gem Comrie via email. Gem.Comrie@emoryhealthcare.org

Please include your name and credentials on all submissions. Publication-ready submissions for the July 2014 issue are due May 31, 2014.

Success or failure in a job is essentially a matter of human relationships.

Robert W. Woodruff